

**2018**



# **Summer Sports Camp Information and Handbook**

**Bossier City**

**5302 Barksdale Blvd.  
752-2221**

**Haughton**

**1040 Bellevue Rd.  
949-5675**

# Summer Camp Overview

Thank you for your interest in Pak's Karate Academy's Summer Sports Camp program. First and foremost, we are a Martial Arts school...not a daycare. Therefore all of our camps are tailored to make sure that your child's experience with us is not only exciting, educational, and safe, but empowering and enlightening as well.

Campers will get the opportunity to learn a variety of skills ranging from Survivor skills, to the ancient art of the Samurai sword, to Movie stunt acting and much more. Daily activities will be centered around the Theme established for each week (see next page). All activities are designed to keep your child engaged and excited throughout the day. There will be formal Martial Arts training classes each day which will end at 4:30 PM. The camp day ends at 6:00 PM and parents should make arrangements to have their child picked up by that time.

During the week, your child will be engaged in both physical and mental activities to include indoor and outdoor games, arts and crafts, puzzles, summer bridge activities, motor skill enhancing activities, and tasks designed to promote teamwork and cooperation. There will be a special field trip scheduled each week, providing your child a chance to "get away" for a few hours and do something cool and exciting. Daily "down time" is also incorporated to give them a break from the activities so that they can read, hang out with their friends, or even take a nap if they wish.

To sign up for camp, please call the school and schedule an appointment with the receptionist to discuss your child's enrollment and complete the registration paperwork. We are extremely limited on space so be sure to get your spot reserved early!!

We look forward to providing your children with the most rewarding experience of their lives.

—Masters Charles and Heidi Chapman

# Theme Descriptions

| Dates of Camp | Camp Theme                 |
|---------------|----------------------------|
| May 28        | MEMORIAL DAY—NO CAMP       |
| May 29—June 1 | Gamer's Camp               |
| June 4—8      | Wizarding Camp             |
| June 11—15    | Xtreme Weapons Camp        |
| June 18—22    | Super Heroes Camp          |
| June 25—29    | Karate Panda Camp          |
| July 2—6      | SUMMER BREAK—NO CAMP       |
| July 9—13     | Survivor Training Camp     |
| July 16—20    | Star Warrior Training Camp |
| July 23—27    | Anime Camp                 |
| July 30—Aug 3 | Movie Stunt Camp           |

# Field Trip Schedule

Field trips are scheduled weekly to give our campers a chance to “get away” for a few hours and to broaden their experience. Each Wednesday is a separate specialty field trip designed to engage and enhance your child’s experiences at our camp. In addition, every other Friday is a “water day” where campers will be transported to North Bossier Park for fun in their water area or participate in a water activity at the school.

**\*\*\* Please note that field trips, classes and activities are subject to change due to weather or scheduling\*\*\***

Do you enjoy video games? How about board games? In this special camp, students will compete with each other in various games, both on the computer and on the table. Teams will also design their own games and then test them out with their classmates. Some of the video games may even come to life.....If you love games, this is the camp for you!



Special Items of Interest

Bring your favorite game from home!

**May 29-June 1**

Which "House" do you belong to? Do you enjoy magic and illusions? Campers will be working on their "magic" skills and brewing their own "potions" this week as well as participating in Herbology, Care of Magical Creatures, Dueling Club, playing Quidditch, and more. Wizarding robes are encouraged but not mandatory.



Special Items of Interest

Students will be watching "Harry Potter" movies this week!

**June 4-8**

# June 11-15

Normally reserved for Black Belt Club and Advanced Black Belt Club members only, our Xtreme Weapons camp goes way beyond the ordinary to show our campers what those weapons they see in movies and video games really do. We will show the students how to use and care for the weapon as well as teach them some basic skills that they can practice and show off at home. All of the weapons used in the series will be available for purchase at the end of camp.

## Xtreme Weapons



### Special Items of Interest

Weapons used in camp will be available for purchase

Every child dreams of being a superhero and having wondrous powers. In this camp, campers will get the choice of being the superhero of their dreams or just creating their own. They will battle villains, team up with sidekicks, create their own costume, and more. Campers will design their vehicles, alter egos, and secret hiding places. Just be sure not to ask them who they are behind the mask...they may never tell!

### Special Items of Interest

Campers may be asked to bring items from home to complete costumes

# June 18-22

## Superheroes Camp



# June 25-29

Are you full of awesomeness like Po? Do you have the wisdom of Master Shifu, the courage of Master Tigress, the humor of Master Monkey, the speed of Master Viper, the strength of Master Mantis, or the patience of Master Crane? In this camp, the campers will belong to a team lead by Po or one of the Furious Five. They will learn the courage to face Tai Ling, the perseverance to finish the bamboo obstacle course, and earn the right to be the Chosen One. Be sure to grab some dumplings and join in!

# Karate Panda Camp



### Special Items of Interest

Ninja Equipment will be available for purchase

# Survivor Camp



### Special Items of Interest

Campers may be asked to bring items from home to complete tasks

In this week of the most amazing camp ever, the campers will be put to the test in survival situations. They will learn some valuable survival skills and compete against each other in a friendly competition. While no one will be voted off this island, the campers will have to rely on teamwork and cunning if they want to survive. From plane crashes and attacking pigmies, to poisoned rivers and blinded teammates, this is one camp that you don't want to miss!

# July 9-13



Are you ready, young padawan, to experience the full power of the Force? During this camp, future Star warriors will be training in the physical fitness, the mental challenges, and the solid skills that they will need to possess to move on to Star Master. We will be learning the skills of iaido, or martial arts sword fighting. Basic footwork, stances, striking, blocking, and sparring will all be included. Future Star warriors will also be designing and creating their own light sabers.

**July 16-20**

### Special Items of Interest

Light sabers used in camp will be available for purchase

## Star Warrior Training



## Anime Camp



### Special Items of Interest

Campers will be asked to create their own anime characters

In this week we will explore the totally cool world of anime or Japanese animation. Using famous anime characters such as Pokémon, Avatar, Naruto, Sailor Moon, and others, the campers will immerse themselves learning how to draw anime as well as become part of an animated creation. Be sure to ask your camper to show you their latest anime characters and storylines

**July 23-27**

To make many of the biggest movies appear real and believable, studios rely on stunt actors. During our movie stunt camp, campers will learn how to choreograph and perform scenes from a script that they will create.

Campers are encouraged to interact with the director and make input suggestions. This camp will promote creativity and performance levels while allowing the campers to become "movie stars".

## Movie Stunt Camp



### Special Items of Interest

Stunt routines will be recorded for parent enjoyment!

**July 30-Aug 3**

## General Daily Schedule

**7:00-9:00 AM: Arrival, Check-In, and free time**

**9:00-9:15 AM: Morning Snack**

**9:15-11:45 AM: Outdoor Sport, Brain Gain, & Arts/Craft rotation**

**11:45-12:30 PM: LUNCH**

**12:30-1:15 PM: Personal Down Time**

**1:15-2:00 PM: Indoor Sport/Activity**

**2:00-3:30 PM: Outdoor Sport & Kid Cave rotation**

**3:00-4:30 PM: Themed Class & Martial Arts Class**

**4:30-4:45 PM: Afternoon Snack**

**4:45-6:00 PM: Activity Centers, Movie Time, and Departure**

**\*\*\*NOTE: This is a general schedule only. Field Trip days and special activity days will have their own schedules.**



# Summer Camp Activities

Our summer camp activities are designed to keep campers engaged and excited throughout the day. Our activities are a balanced mix of physical activities designed to burn energy and build teamwork, mental activities designed to keep their brain stimulated while not in school, and personal time designed to allow campers to rest and recharge. Some of our activities are as follows:

“Outdoor” activities—these include games such as soccer, kickball, football, volleyball, etc. When the weather is good, we will go outside but our large indoor floor space also allows us to stay cool while enjoying these traditionally outside games.

“Indoor” activities—these include activities such as dodgeball, hula hoops, tag, balloon tennis, puzzles, and other similar activities.

“Brain Gain” time—these activities include mental challenges designed to engage the campers brains during summer break. These might include math challenges, puzzles that require thought to solve, games that require smarts to win, extreme dot-to-dots, etc.

“Arts & Crafts” time—this includes origami (the art of paper folding), themed weekly crafts, small construction projects, and other sensory building activities.

Martial Arts Class— Each day, campers will participate in a Martial Arts class where they will be working on techniques required for promotion in our Tang Soo Do program as well as stunt kicks, aerials, tumbling, and training associated with our weekly themes such as Martial Arts weapons, movie stunts, Kung Fu and grappling.

“Kid Cave” — Reward for good behavior and sportsmanship in other activities allows campers time in the Kid Cave. This area contains special items like video games, Lego sets, electronics time, and other toys that campers are allowed to play with. Campers must be on their best behavior and participate in the other daily activities in order to earn time in Kid Cave.

# 2018 Camp Tuition

***\*\*Please note that at this time we only offer full day summer camps and not half day summer camps. We do offer the option of attending single days. However, students will not get the full benefits that can be achieved by attending every day if they attend partial weeks.***

## Summer Camp Tuition:

**Multiple options are available:**

***Option 1-full summer*** (all 9 weeks paid in full) our lowest price of all options for those who want the full summer camp

***Option 2-full summer*** (all 9 weeks budgeted monthly) best option for those who want the full summer camp and to spread payments out over summer

***Option 3-partial summer*** (individual weeks) best option for those who do not need a full summer camp but allows you to pick and choose your weeks of attendance; your space is guaranteed for the weeks chosen

***Option 4-partial summer*** (week to week) best option for those who may only need a few weeks of camp but are uncertain as to which weeks needed; limited to space available at time of request

**\*\* Family discounts are available—ask for details**

Prices include all specialty classes, karate classes, uniform & belt (if needed), field trip fees, camp shirt, transportation, arts & crafts, and other camp supplies

Camp participants must bring their own lunch/snacks. Additional snacks are available for purchase. **LUNCH CANNOT BE PROVIDED BY SCHOOL.**

Payments must be made regardless of attendance unless canceled **PRIOR** to the start of the week. No refunds and no rollovers will be issued after the start of camp.

**CALL TODAY TO SET UP AN APPOINTMENT TO ASK ABOUT OUR CURRENT TUITION RATES**

**(318) 752-2221 BOSSIER CITY (318) 949-5675 HAUGHTON**

# Camp Policies

## General Information

- Camp opens at 7:00 AM. Special arrangements must be made with our camp staff if children need to be dropped off before this. Students may be dropped off anytime between 7:00 AM and 8:45 AM
- Campers need to arrive before this time or you will need to call to make sure that we are not on a field trip.
- The first activity begins at 9:00 AM. All campers must be present at this time. **Students must attend the afternoon Martial Arts classes.** We are a Martial Arts school, first and foremost, not a daycare!
- Students must be dressed in full uniform including belt for classes every day. It would be a good idea to purchase a second uniform and rotate out for washing. Equipment bags may be stored in the school for students attending 5 weeks or more. Students may wear street clothes to the school and then change into their uniforms.
- Students **must bring a lunch every day** as we cannot provide meals. There are two scheduled snack times each day. Students may bring their own snack or may purchase a snack at the school. We do have a snack bar for those who wish to purchase snacks. If you wish, campers may set up an account for the parents to put money into for the snack bar.

|   |      |
|---|------|
| Chips, crackers, cookies                  | 1.00 |
| Slim jims                                 | 1.00 |
| Bottle water, soft drinks, Small Gatorade | 1.00 |
| Large Gatorade                            | 2.00 |

- Please label everything! Uniform tops should have name on lapel. Please put your child's name on the pants label and belt. Lunch boxes, snacks, and any items brought into the school (such as cell phones, books, etc.) are the child's responsibility and should be labeled. **WE ARE NOT RESPONSIBLE FOR LOST OR MISSING ITEMS!!**
- Campers may wear their Pak's Karate Camp shirt every day but are **required** to wear them on our big field trip day (Wednesdays). Extra shirts may be purchased for \$15. Shoes and socks must be worn every day. **NO OPEN TOED SHOES!!**
- Bring a towel, sunscreen, and bathing suit on water days. Students may wear their suits under their uniform. Bring a change of clothing each day in case of accidents.
- Extra money will not be needed except for snacks or if you wish your child to purchase toys or souvenirs on field trips. You will be notified in advance of any extra money that may be needed.

## Pick Up Policy

- Pick up time is 6:00 PM with a grace period of 15 minutes. Beginning promptly at 6:16 PM (school clock time) a late pick up fee of \$5.00 per every 15 minute increment will be due upon pick up. **NO EXCEPTIONS, NO EXCUSES!**

# Camp Policies

## Attendance and Enrollment Policy

- Due to the limited space available in the camp program, students must register for each week they plan on attending unless paid in full. Payment arrangements will be set up at this time.  
Deposits paid for each week scheduled are **non-refundable**.
- Students must be at the school in time for classes or to ride the bus to scheduled activities. As a general rule, campers should be at the school no later than 8:45 AM each day so that they can be ready for activities or any scheduled field trips. We cannot return to the school to pick up any late arrivers due to the tight time schedules we maintain.

## Discipline policy

- In order to ensure the safety of our students, we have adopted the following discipline policies
  1. Students are expected to be respectful and mindful at all times. Disrespect to any staff member will not be tolerated under any circumstances.
  2. After the first incident, the student will be reminded of the rules of camp and given to opportunity to modify their behavior.
  3. After the second incident, the student will be given a time out and/or restricted from participating in special activities in camp for the day such as Kid Cave
  4. After the third incident, the student will be required to call their parents and inform them of their behavior. Parent's may be asked to pick up their child for failure to comply with the rules of the camp.
  5. Continued disregard for camp policies and/or continued behavior problems may result in the student being suspended from camp for a period of time as determined by Master Chapman. **THERE WILL BE NO REFUNDS OFFERED FOR STUDENTS WHO ARE SUSPENDED OR EXPELLED FROM CAMP.**

## Medication Policy

- Prescription medication is not permitted to be administered by Camp Staff. All medications must be given before or after camp. If your child takes medication for concentration during the school year, the child must continue to take the medication during camp unless a release is given by your child's physician. Due to the weapons training classes and the activities scheduled on field trips, students must be able to focus and follow directions. This will greatly assist the staff and enhance your child's learning experience in camp.

## Open Door Policy

Pak's Karate welcomes your child to our Summer Camp and we hope that your child will reach all of the goals that are set this summer. If needed, our staff is always available for meeting or consultation. Please let us know how we may better serve you.